
































# HCPA Skill-Op

ervaring: 1 2 3 4 5 6 7 8

team: U7 U8 U9 U10 U11 U12

GIRL BOY

1. Combo-drill					
2a. Suicide-ball					
2b. Goalgetter					
3. Skill-dribble					
4. Ghost game					
<b>Skills &amp; tricks</b>					
<b>Technisch</b>					
<b>Fysisch</b>					
<b>Algemene houding</b>					

TRAINER	COACH: